

3ABN Fall Camp Meeting Menu

Friday Breakfast:

Scrambled tofu
Breakfast sausage
Toast
Nut butter/jam
Oatmeal
Fresh fruit
Apple Juice

Friday Lunch:

Lasagna
Steamed vegetable
Salad
Ranch dressing
Italian dressing
Garlic bread
Dessert
Infused fruit water

Sabbath Breakfast:

Tofu casserole
Biscuits and gravy
Oatmeal
Granola
Fresh fruit
Orange juice

Sabbath Lunch:

Haystacks

Lettuce
Tomatoes
Diced onions
Diced cucumbers
Vegan cheddar cheese shreds
Chili beans
Taco crumbles (taco burger-soy)
Corn chips
Dessert
Infused fruit water

Sabbath Snack:

Chicken salad (soy)
Bread
Crackers
Hummus
Carrot sticks
Celery sticks
Cookies
Infused fruit water