

3ABN Fall Campmeeting Menu

Friday Breakfast

Hot Oatmeal
Oven roasted potatoes
Tofu scramble
Breakfast bar:
Cereal, nuts, almond butter, jam, almond
milk and oat milk, coconut, raisins
bread

Friday Lunch

Italian casserole
Garlic bread
Vegetable
Salad
Dressings (2)
Desert

Sabbath Breakfast

Breakfast burrito
Cheesy sauce
Hummus
Cookies

Sunday Breakfast

Pancakes
Apple sauce
Pancake syrup
Any breakfast leftovers

Salsa

Hot oatmeal
Breakfast bar:
Cereal, nuts, almond butter, jam, almond
milk or oat milk, coconut, raisins
Bread

Sabbath Lunch

Haystacks: beans, lettuce, tomatoes, onions,
olives, vegan cheese
Ranch dressing
Salsa
Desert

Afternoon Snack

Leftovers
Salad
Crackers
Hummus