

3ABN Summer Camp Meeting 2025

MENU

Breakfast (THURSDAY, FRIDAY, SABBATH):

Oatmeal Station

Cereal Bar: *Cereal, Granola, Flaxseed, Walnuts, Almonds, Raisins, Coconut Sugar, Shredded Coconut*

Fresh Fruits

Bread Station

Plant Milk

Nut Butter

Jam

Hot Water

Caffeine-free Drink

Creamers

THURSDAY Lunch:

BBQ sandwiches *with Relish, Onions, Whole Wheat Buns*

Coleslaw

Baked Beans

SABBATH Lunch:

Italian Casserole

Peas

Salad *with Dressing*

Garlic Bread

Fruit Crisp

FRIDAY Lunch:

Mexican Enchilada Casserole

Spanish Rice

Beans

Salad *with Dressing*

Salsa

SUNDAY Breakfast:

Pancakes

Apple Sauce

Pancake Syrup

Fresh Fruits

Cereal Bar